

BOARD OF BARBERING AND COSMETOLOGY

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SUPPLEMENTAL FOR THE CALIFORNIA NATIONAL COSMETOLOGY CANDIDATE INFORMATION BULLETIN (CA CIB)

This is a California specific addendum to the CA CIB. Please refer to the CA CIB for examination specifics, equipment, tasks, content area and *verbal instructions. The CA CIB can be found on the Board of Barbering and Cosmetology's website www.barbercosmo.ca.gov or www.nictesting.org (National-Interstate Council of Cosmetology State Boards, (NIC)). Be sure to obtain the **California** (CA CIB) if you get the CIB from NIC website.

*Throughout the CIB, when it refers to Proctor or Examiner, the verbal instructions will be given by one person—the California examination only uses examiners in administering the practical examination.

Cosmetology Practical Examination Content Sections

The NIC CIB shows all services that are provided by the NIC; however, California will only test on the services listed below. Students must be prepared to do all of these services during testing.

Work Area and Client Preparation, and Set Up of Supplies, Thermal Curling; Haircutting, Work area and New Client Preparation and Set Up of Supplies, Chemical Waving, Predisposition Test and Strand Test with Simulated Product, Highlighting with Foil, Virgin Application with Colored Simulated Product, Hair Color Retouch with Colored Simulated Product, Virgin Hair Relaxer Application with Colored Simulated Product, Blood Exposure Procedure, Basic Facial, Sculptured Nail

Exam Notice (Admission Letter)

You will receive an admission letter from the California State Board of Barbering and Cosmetology which will include the date/time and location of the examination you have been scheduled for. Please read all of the information on the admission letter carefully. (e.g., is the location correct? Is your name spelled correctly and does it match your government issued ID?). You must notify the Board immediately if anything is wrong. You will be required to present your admission letter and identification upon check-in at the testing site.

Identification Requirements

All candidates must present a current valid government issued photographic identification for admittance for each examination. Acceptable forms of identification are as follow: photographic driver license (any state), state identification card (issued by the state Department of Motor Vehicles (any state)), U.S. military identification, Employment Authorization Card, unexpired valid passport – any country, Permanent Resident Card, U.S. Immigration and Naturalization issued identification.

The name on the admission letter must match the name on your identification and the photograph must be recognizable as the person to whom the identification card was issued. All I.D.'s must be current/unexpired.

Keep your ID with you at all times. Candidates may only leave the examination area with permission once the examination has started.

Equipment and Supplies

Candidates are required to bring sufficient equipment and supplies in sanitary condition to perform all services. Please refer to the (CA CIB) for the list of suggested examination supplies. There are kit companies and schools that sell or rent the supplies and equipment listed on the CA CIB. However, they are private entities not affiliated with the Board. It is your responsibility to make sure the supplies you bring are in compliance with the CA CIB. For example, manufacturer's labels are required on all disinfectants and sanitizers (and must be legible). Make sure you check your kit before entering the exam site.

The kit will be used during the examination as dry storage and is considered part of the work area. The kit must be kept closed throughout the exam except when removing materials for a particular service.

Mannequin Head and Hand

California Cosmetology candidates are required to use a mannequin head(s) and hand(s) for all services required on the practical examination.

It is the candidate's responsibility to appear at the practical examination with their mannequin head(s), **tripod (width of the base must be 29" or less)** and mannequin hand(s) with artificial nail tips attached.

Note: Mannequin heads that have been purchased pre-sectioned indicating the sections by various colors and/or notches, have markings on the scalp area, etc., are **NOT** allowed during any part of the practical examination. Candidates with mannequins marked to aid with their service will be disqualified from the exam.

Mannequin hands with removable fingers (trainer hands) and individual fingers are **NOT** permitted during the examinations. Prior to reporting to the examination candidates **MUST** apply a set of artificial nail tips to the mannequin hand(s). The artificial nail tips must cover the entire nail bed of each finger.

Cellular Phones, Electronic Devices, Etc.

Cellular phones, pagers, watches, any electronic device, printed materials, and handwritten notes are NOT permitted in the examination room. Talking to other candidates or any examiner is strictly prohibited. Failure to comply with any of these conditions may result in you being disqualified, and your actions reported to the proper authorities. Your examiner has been instructed not to answer any questions concerning your examination. This ensures equal opportunity for all candidates and standardization in testing for the National Practical Examination. If you have an emergency situation please ask to speak with the supervisor.

Important Instructions

For Sculptured Nail Services: The acrylic product used must be odorless/no odor. The product must be in its original container, **factory sealed** and manufacturer's label and must state 'odorless or no odor'. Note: Although it is labeled 'odorless' or "no odor", if the product has an odor, candidates will not be permitted to use it.

Chemicals for Chemical Waving, Virgin Hair Lightening, Hair Color Retouch, Virgin Relaxer Application and Relaxer Retouch will be simulated.

Aerosols are not allowed for the examination.

Complete and legible manufacturer's labels (in English) are required on all disinfectants and sanitizers. An EPA registered disinfectant that demonstrates bactericidal, fungicidal and virucidal properties must be used. Simulated products are **NOT** allowed for disinfectants and hand sanitizers.

There are sinks available for the candidates use at the Board's testing sites for water.



**NATIONAL COSMETOLOGY
PRACTICAL EXAMINATION**

CANDIDATE INFORMATION BULLETIN (CIB)

EXAMINATION CONTENT AND IMPORTANT ADMINISTRATION INSTRUCTIONS

Please visit your official examination provider website OR www.nictesting.org, for the most current bulletin prior to testing.

**National Cosmetology Practical Examination is the licensure examination
for Cosmetologists, which is developed by the
National-Interstate Council of State Boards of Cosmetology (NIC).**

**This bulletin contains IMPORTANT INFORMATION regarding the
NIC National Cosmetology Practical Examination content and administration for
Cosmetology core services and additional sections.**

For each NIC National Practical Examination, there are multiple parts to every Candidate Information Bulletin (CIB) stored as separate documents:

- ***Important Instructions and Examination Core Domain Content***– This document provides information and guidelines related to administration of the Practical examination and information about the scope of content covered in the core sections of the Practical examination.
- ***Additional Services*** – These individual documents provide information about additional sections offered by NIC for examination. Check with your State regulatory agency or examination administration vendor to determine which of these sections your State requires as part of their Practical examination.
- ***References*** – This document provides a list of references used to develop and support the content covered in NIC examinations.
The references will always be the same for both Theory and Practical examinations.

**BE CERTAIN TO DOWNLOAD AND/OR PRINT AND REVIEW ALL DOCUMENTS THAT
MAKE UP THE NIC EXAMINATION CIB.**

PLEASE REVIEW ALL INFORMATION CAREFULLY!

IMPORTANT INSTRUCTIONS

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. **Picture ID is required for re-entry into the examination.**
- Candidates are required to bring a supply kit for their own use.
 - It is the candidate's responsibility to make certain they have a sufficient quantity of supplies that have been properly cleaned and disinfected and that implements are in proper working order.
 - The kit will be used during the examination as dry storage and is considered part of the work area. The kit must be kept closed (e.g., completely zipped or lid tightly closed) except when removing materials for a particular service.
 - Candidates may remove items, supplies, etc., from the kit at any time, however nothing may be returned to the kit.
 - All examinations are administered in a testing environment.
 - Candidates are evaluated at all times. Continue working until you have completed the entire section or time has elapsed.

- Due to standardization of the NIC National Examinations. Proctors and examiners are required to adhere to the following standards:
 - The verbal instructions will be read twice for each section of the examination.
 - With the exception of verbal instructions, the proctors are not allowed to communicate with candidates.
 - Candidates requesting information during the examination will be told one of the following statements:
 - “Do the best you can with what you have available.”
 - “Do as you were taught.”
 - Examiners are not allowed to speak with candidates.
 - If a candidate experiences an emergency situation, please notify the proctor by raising your hand.
- Candidates will be given time to set up the universal (also known as general) supplies they will use throughout the examination.
 - Each section of the examination has a maximum time allowance, with the exception of those specified as untimed sections.
 - Once a candidate has completed all tasks in the section, please step back or turn the hand toward the examiner (in the case of nail sections) to indicate they have finished.
 - In the event that all candidates complete a section before the time has elapsed, the examiners will proceed to the next section of the examination.
 - When the timer goes off, all candidates must stop working and step back or turn the hand toward the examiner (in the case of nail services) **IMMEDIATELY**.
- During all phases of the examination, candidates must follow all appropriate public protection and infection control procedures and maintain a safe work area.
 - In the event of a blood exposure incident, candidates will be expected to follow the NIC Health and Safety Standards.

Failure to do so may result in your dismissal from the examination.

- *Be sure to contact your examination provider to obtain the most current version of, and any addendums, to the NIC Health and Safety standards, OR go to www.nictesting.org for a current downloadable copy.*
- **If a candidate does not follow infection control procedures or allows the work area to become and remain unsafe, the result may be a failing score for the examination.**
- The following provides examples of materials and actions that are prohibited during the examination administration:
 - Possession of cellular phones, pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
 - Purses, bags, coats, hats, and any other personal items not directly needed to complete the examination, are not allowed.
 - Exhibiting disruptive behavior.
 - Communicating to other candidates or any examiner.
 - *The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in the immediate dismissal from the examination and the candidate's actions reported to the proper authorities.*
- **All supplies must be labeled in English.** When an original manufacturer's label is required, there can be NO handwritten or any other type of labeling. Original manufacturers' labels must have English and may also include other languages. All non-manufacturers created labels must be only in English.
 - Original manufacturer's labels are *required* for all disinfectants and hand sanitizers.

NIC National Cosmetology Practical Examination

- An EPA-registered, hospital-grade disinfectant that demonstrates bactericidal, fungicidal, and virucidal properties must be used. Please refer to the “*Suggested Examination Supplies*” section to see any further state specific requirements for supplies and products.
- Simulated products are *not* allowed for disinfectants and hand sanitizers.
- ***NO AEROSOLS*** are allowed in the testing environment
- Candidates are to perform all tasks, utilizing products and supplies, and as they were taught. There is however, a section titled “*Suggested Examination Supplies*” provided following the “Content Domains” section of this bulletin for items that a candidate may *possibly* utilize in a section.

NIC MODEL OR MANNEQUIN REQUIREMENTS

Please refer to your state specific guidelines for model and mannequin requirements.

If your state requires that you use a mannequin head(s) or hand(s):

- Candidates who are required to use a mannequin head(s), it is the candidate’s responsibility to come prepared for the examination.
- Mannequin heads that are premarked or presectioned are not allowed for any part of the practical examination.
- Candidates who are required to use a mannequin hand(s). It is the candidate’s responsibility to come prepared for the examination.
- Mannequin hands must be an entire hand and cannot have removable digits.
- Mannequin heads and hands must be approved by the examination state/vendor prior to admittance into examination.

SPECIAL ATTENTION

The following information is vital and specific to the
NIC National Cosmetology Practical Examination:

- Candidates will be evaluated on proper designation of materials that are disposed. Candidates are **required** to bring and use the following supplies for the appropriate disposal of materials:
 - Container labeled “**To be disinfected**”
 - Container labeled “**Soiled linens**”
 - Container labeled “**Trash**”
- It is specified that there is **more than one client** represented for the purpose of this examination. A new client is introduced and must be prepared for during the course of the examination (see Cosmetology Practical Examination Content Domains Sections).
- The following sections are new to the Cosmetology Practical Examination:
 - Predisposition Test and Strand Test with Simulated Product (Content Domain Section 6)
 - Highlighting with Foil, Virgin Application with Colored Simulated Product (Content Domain Section 7)
 - Blood Exposure Procedure (Content Domain Section 10)

Candidates are expected to brace any time they are working around the eye and mouth areas.

- Candidates are not allowed to label products as single-use items.
- Use of single-use products may result in a failing score for the examination.

**COSMETOLOGY PRACTICAL EXAMINATION
CONTENT DOMAIN SECTIONS**

The scope of the National Cosmetology Practical Examination includes 10 (ten) core domain sections. The Core Domain Sections are based on the national job analysis and are noted in **bold**.

1. **Work Area and Client Preparation, and Set Up of Supplies** (First client (15 minutes)
2. **Thermal Curling** (10 minutes)
3. **Haircutting** (30 minutes)
4. **Work Area and New Client Preparation, and Set Up of Supplies** (Second client 15 minutes)
5. **Chemical Waving** (20 minutes)
6. **Predisposition Test and Strand Test with Simulated Product** (10 minutes)
7. **Highlighting with Foil, Virgin Application with Colored Simulated Product** (15 minutes)
8. **Hair Color Retouch with Colored Simulated Product** (10 minutes)
9. **Virgin Hair Relaxer Application with Colored Simulated Product** (Untimed)
10. **Blood Exposure Procedure** (10 minutes)
11. + Blow Dry Styling (10 minutes)
12. +Roller Placement (10 minutes)
13. + Fingerwaving and Pin Curl Placement – Skip Wave (10 minutes)
14. +Basic Facial (20 minutes)
15. +Hair Removal of the Eyebrows by Tweezing and Using Simulated Soft Wax (Untimed)
16. +Hair Removal of the Upper Lip Using Hard Wax+ (Untimed)
17. +Facial Makeup Application (20 minutes)
18. + Manicure and Polish Application (20 minutes)
19. + Nail Tip Application and Blending (20 minutes)
20. +Sculptured Nail (20 minutes)

+Denotes Additional Sections for States that elect to test these sections. Administration of any of these sections will be performed in the numerical order outlined.

CONTENT DOMAINS

1. WORK AREA AND CLIENT PREPARATION, AND SET UP OF SUPPLIES (15 minutes)

Proctor – Verbal Instructions: Read to all candidates:

"You will prepare your work area for your client."

"You will set up the universal supplies you will use throughout the examination."

"You will also set up the supplies for the following sections of the examination:

Thermal Curling,

Haircutting,

"Plug your curling iron in at this time."

"You will prepare your client for services."

"You will be expected to follow all client protection, safety and infection control procedures."

"You will have 15 minutes to complete this section."

"You will be informed when you have 8 minutes remaining."

"Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin."

"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

- 1.1 Disinfects all work areas completely with product labeled in English as EPA-registered, hospital-grade disinfectant**
- 1.2 Sanitizes hands with product labeled in English**
- 1.3 Universal supplies are labeled in English**
- 1.4 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

"All candidates have indicated they have completed this section of the examination, we will now proceed."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

"Please stop working."

2. THERMAL CURLING (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

"You will perform Thermal Curling."

"You will form two curls on the top of the head and two curls on one side of the head."

"A complete curl must be formed from base to end."

"You will be expected to follow all client protection, safety and infection control procedures."

"You will have 10 minutes to complete this section."

"You will be informed when you have 5 minutes remaining."

"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

2.1 Thermal curling supplies are labeled in English

2.2 Implements and supplies are visibly clean

2.3 Tests temperature of iron

2.4 Subsections hair for thermal curling

2.5 Demonstrates safe use of iron

2.6 Final appearance of four curls

2.7 Maintains drape throughout section

2.8 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

"All candidates have indicated they have completed this section of the examination, we will now proceed."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

"Please stop working."

3. HAIRCUTTING (30 minutes)

Proctor – Verbal Instructions: Read to all candidates:

"You will perform a Haircut."

"You will complete a basic layered haircut using razor and shears."

"You will cut at least 1 inch of hair throughout the haircut."

"Do not remove your hair clippings from your work area until you are instructed individually, by the examiner, to do so."

NIC Cosmetology Practical Examination – Haircutting (continued)

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 30 minutes to complete this section.”

“You will be informed when you have 15 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 3.1 Haircutting supplies are labeled in English
- 3.2 Implements and supplies are visibly clean
- 3.3 Subsections hair for Haircutting
- 3.4 Demonstrates safe use of razor
- 3.5 Demonstrates safe use of shears

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

“All candidates have indicated they have completed this section of the examination. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working. Please do nothing until the next verbal instructions are given.”

Examiner – Verbal Instructions: Read to each candidate individually:

“May I please use your comb to check the haircut?”

- 3.6 Cuts entire nape line to a uniform length
- 3.7 Cuts sides uniform in length
- 3.8 Blends haircut

Examiner – Verbal Instructions: Read to each candidate individually after the final appearance of the haircut has been examined:

“Please clean up your hair at this time. Upon completion, please do nothing until the next verbal instructions are given.”

- 3.9 Removes hair from work area
- 3.10 Maintains drape throughout section
- 3.11 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read to candidates when all examiners have indicated they have completed their assessment:

“All examiners have indicated they are ready to proceed.”

4. WORK AREA AND NEW CLIENT PREPARATION, AND SET UP OF SUPPLIES (15 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will breakdown your work area and dispose of supplies used in the previous sections of this examination .”

“You will prepare your work area for a NEW client.”

“You will set up the universal supplies you will use for the remainder of the examination.”

“You will also set up the supplies for the following sections of the examination:

Chemical Waving,

Predisposition Test and Strand Test,

Highlighting with Foil, Virgin Application,

Hair Color Retouch,

Virgin Hair Relaxer Application.”

“You will prepare your client for chemical services.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

“Do not demonstrate any procedures until the verbal instructions are given and you are instructed to begin.”

“Step back to indicate you have finished.”

(1) “The instructions will be repeated.”

(2) “You may begin.”

Candidates will be evaluated on the following tasks:

- 4.1 Disinfects all work areas completely with product labeled in English as EPA-registered, hospital-grade disinfectant
- 4.2 Sanitizes hands with product labeled in English
- 4.3 Universal supplies are labeled in English
- 4.4 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

5. CHEMICAL WAVING (20 minutes)

Proctor – Verbal Instructions: Read to all candidates:

"You will perform Chemical Waving."

"You will wrap the entire center back section of the head, from crown to nape."

"Once you are finished wrapping, please step back and do nothing until the next verbal instructions are given."

"You will be expected to follow all client protection, safety and infection control procedures."

"You will have 20 minutes to complete this section."

"You will be informed when you have 10 minutes remaining."

"Do not perform the saturation procedure, a test curl, or remove a rod until instructed individually by the examiner to do so."

"Do not remove the remaining rods until you are instructed to do so."

"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

- 5.1 Chemical waving supplies are labeled in English
- 5.2 Implements and supplies are visibly clean
- 5.3 Subsections hair for chemical waving
- 5.4 Wraps hair
- 5.5 Correct rod placement used throughout entire section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before timing has elapsed:

"All candidates have indicated they have completed this section. Please do nothing until the next verbal instructions are given."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

"Please stop working. Please do nothing until the next verbal instructions are given."

Examiner – Verbal Instructions: Read to each candidate individually:

"Please demonstrate saturation"

- 5.6 Demonstrates saturation

Examiner – Verbal Instructions: Read to each candidate individually:

"Please demonstrate a test curl."

- 5.7 Demonstrates a test curl

Examiner – Verbal Instructions: Read to each candidate individually:

"Please remove one rod from the hair."

NIC Cosmetology Practical Examination –Chemical Waving (continued)

Examiner – Verbal Instructions: Once rod is removed from the hair, read individually to candidate:
“Do not remove the remaining rods until instructed to do so.”

Proctor – Verbal Instructions: Read when all examiners have indicated they are ready to proceed:

“All examiners have indicated they are ready to proceed.”

“You will remove all remaining rods from the head and create 5 sections for the remaining chemical services.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 5 minutes to complete this section.”

“You will be informed when you have 2 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

5.8 Maintains drape throughout section

5.9 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

6. PREDISPOSITION TEST AND STRAND TEST WITH SIMULATED PRODUCT (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform the Predisposition Test and Strand Test for permanent hair color.”

“You will demonstrate the predisposition test behind the ear.”

“You will demonstrate the strand test process on any single subsection of hair.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 10 minutes to complete this section.”

“You will be informed when you have 5 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

NIC Cosmetology Practical Examination –Predisposition Test and Strand Test (continued)

Candidates will be evaluated on the following tasks:

- 6.1 Predisposition test and strand test supplies are labeled in English
- 6.2 Implements and supplies are visibly clean
- 6.3 Demonstrates predisposition test behind the ear
- 6.4 Demonstrates strand test process
- 6.5 Maintains drape throughout section
- 6.6 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

7. HIGHLIGHTING WITH FOIL, VIRGIN APPLICATION WITH COLORED SIMULATED PRODUCT (15 minutes)

Proctor – Verbal Instructions: Read to all candidates:

“You will perform Highlighting with Foil, Virgin Application.”

“You will place four foils on the top of the head from the front hairline to the apex.”

“You will apply simulated highlighting product from upper edge of foils to hair ends.”

“You will be expected to follow all client protection, safety and infection control procedures.”

“You will have 15 minutes to complete this section.”

“You will be informed when you have 8 minutes remaining.”

“Step back to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Candidates will be evaluated on the following tasks:

- 7.1 Highlighting with foil supplies are labeled in English
- 7.2 Implements and supplies are visibly clean
- 7.3 Subsections hair for highlighting with foils
- 7.4 Uses correct foil placement

NIC Cosmetology Practical Examination –Highlighting with Foil, Virgin Application (continued)

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before timing has elapsed:

"All candidates have indicated they have completed this section. Please do nothing until the next verbal instructions are given."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

"Please stop working. Please do nothing until the next verbal instructions are given."

7.5 Final result of simulated product application

Examiner – Verbal Instructions: Read to candidate individually once the final appearance of the foil has been examined:

"Please do nothing until the next verbal instructions are given."

7.6 Maintains drape throughout section

7.7 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read to all candidates once examiners have completed assessment for this section:

"All examiners have indicated they are ready to proceed."

8. HAIR COLOR RETOUCH WITH COLORED SIMULATED PRODUCT (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

"You will perform a Hair Color Retouch Application."

"You will apply simulated hair color product to one section of the back of the head."

"The client has 1 inch of regrowth."

"You will be expected to follow all client protection, safety and infection control procedures."

"You will have 10 minutes to complete this section."

"You will be informed when you have 5 minutes remaining."

"Step back to indicate you have finished."

(1) "The instructions will be repeated."

(2) "You may begin."

Candidates will be evaluated on the following tasks:

8.1 Hair color retouch supplies are labeled in English

8.2 Implements and supplies are visibly clean

8.3 Subsections hair for hair color retouch

NIC Cosmetology Practical Examination –Hair Color Retouch (continued)

- 8.4 Applies simulated hair color product
- 8.5 Final result of hair color retouch application
- 8.6 Maintains drape throughout section
- 8.7 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before timing has elapsed:

"All candidates have indicated they have completed this section of the examination, we will now proceed."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

"Please stop working."

9. VIRGIN HAIR RELAXER APPLICATION WITH COLORED SIMULATED PRODUCT (Untimed)

Proctor – Verbal Instructions: Read to all candidates:

"You will perform a Virgin Hair Relaxer Application."

"You will apply simulated relaxer product on a single subsection of hair."

"You will be expected to follow all client protection, safety and infection control procedures."

"You will be instructed individually by the examiner to demonstrate a virgin hair relaxer application"

"This is an untimed section."

"Do not begin to demonstrate the virgin relaxer application until instructed individually by the examiner to do so."

(1) "The instructions will be repeated."

Candidates will be evaluated on the following tasks:

- 9.1 Virgin hair relaxer supplies are labeled in English
- 9.2 Implements and supplies are visibly clean

Examiner – Verbal Instructions: Read to each candidate individually:

"Please demonstrate the virgin relaxer application procedure."

- 9.3 Subsections hair for relaxer application
- 9.4 Applies simulated relaxer product

Examiner – Verbal Instructions: Read to each candidate individually after virgin relaxer application has been examined:

"Please do nothing until the next verbal instructions are given."

NIC Cosmetology Practical Examination –Virgin Hair Relaxer (continued)

9.5 Maintains drape throughout section

9.6 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read to candidates when all examiners have indicated they have completed their assessment:

"All examiners have indicated they are ready to proceed."

10. BLOOD EXPOSURE PROCEDURE (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:

"You will demonstrate the Blood Exposure Procedure."

"You will imagine the following scenario: During a service, you have sustained a minor cut to your index finger. The injury is such that you can continue with the service. Your work area or client has not been contaminated. You are expected to demonstrate the proper procedure for a blood exposure."

"You are expected to follow all client protection, safety and infection control procedures."

"You will have 10 minutes to complete this section."

"You will be informed when you have 5 minutes remaining."

"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

10.1 Blood exposure supplies are labeled in English

10.2 Removes materials from first aid kit

10.3 Supplies and materials are visibly clean

10.4 Cleans injured area with antiseptic

10.5 Covers with dressing that is absorbent and secured

10.6 Candidate wears glove or finger guard

10.7 Disposes of all contaminated supplies

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before timing has elapsed:

"All candidates have indicated they have completed this section of the examination, we will now proceed."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

"Please stop working."

14. BASIC FACIAL (20 minutes)

+ ADDITIONAL SECTION +

Proctor – Verbal Instructions: Read to all candidates:

"You have 2 minutes to set up the supplies for the Basic Facial section of this read and examination. Please do not begin any procedures until the verbal instructions have been you are instructed to begin."

"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before timing has elapsed:

"All candidates have indicated they have completed this section of the examination, we will now proceed."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

"Please stop working."

Proctor – Verbal Instructions: Read to all candidates:

"You will perform a Basic Facial."

"You will be expected to follow all client protection, safety and infection control procedures."

"You will have 20 minutes to complete this section."

"You will be informed when you have 10 minutes remaining."

"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

- 14.1 Basic facial supplies are labeled in English
- 14.2 Implements and supplies are visibly clean
- 14.3 Cleanses eye area completely
- 14.4 Cleanses lips completely
- 14.5 Distributes cleanser over face
- 14.6 Removes residual cleanser
- 14.7 Applies toner/astringent
- 14.8 Applies exfoliating product over face and manipulates with implement or material excluding eyes and mouth
- 14.9 Steam towel is applied and removed
- 14.10 Removes residual product
- 14.11 Distributes massage product over face
- 14.12 Demonstrates effleurage movement
- 14.13 Demonstrates petrissage movement
- 14.14 Demonstrates tapotement movement

NIC Cosmetology Practical Examination – Basic Facial (continued)

- 14.15 Demonstrates friction movement
- 14.16 Removes residual massage product
- 14.17 Applies toner/astringent
- 14.18 Applies moisturizer
- 14.19 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate they have completed the section before timing has elapsed:

“All candidates have indicated they have completed this section of the examination, we will now proceed.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:

“Please stop working.”

20. SCULPTURED NAIL (20 minutes)

+ *ADDITIONAL SECTION* +

Proctor – Verbal Instructions: Read to all candidates:

“You have 2 minutes to set up the supplies for the Sculptured Nail Section of section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin.”

“Turn the hand toward the examiner to indicate you have finished.”

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

Proctor – Verbal Instructions: Read if all candidates have turned the hand to indicate they have completed the section before timing has elapsed:

“All candidates have indicated they have completed this section. Please do nothing until the next verbal instructions are given.”

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have turned the hand:

“Please stop working. Please do nothing until the next verbal instructions are given.”

NIC Cosmetology Practical Examination – Sculptured Nail (continued)

Proctor – Verbal Instructions: Read to all candidates:

(Note: Proctor will assign the finger to be sculpted)

"You will sculpt a nail on the _____ finger

"You must use a manufacturer sealed, odorless product

"You will be expected to follow all client protection, safety and infection control procedure.

"You will have 20 minutes to complete this section.

"You will be informed when you have 10 minutes remaining."

"Turn the hand toward the examiner to indicate you have finished."

(1) *"The instructions will be repeated."*

(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

- 20.1 Sets up sculptured nail supplies. Polymer, monomer, and primer *MUST* be in original container and have manufacturer's label in English.
- 20.2 Implements and supplies are visibly clean
- 20.3 Removes shine from nail plate
- 20.4 Cleanses and dehydrates nail plate
- 20.5 Applies nail form to fit snugly under free edge
- 20.6 Applies nail primer to nail plate
- 20.7 Sculpt a nail to extend the free edge of assigned finger
- 20.8 Shapes, contours and finishes sculptured nail

Proctor – Verbal Instructions: Read if all candidates have turned the hand to indicate they have completed the section before timing has elapsed:

"All candidates have indicated they have completed this section. Please do nothing until the next verbal instructions are given."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have turned the hand:

"Please stop working. Please do nothing until the next verbal instructions are given."

20.9 Appearance of finished sculptured nail is smooth, balanced, and even

20.10 Cuticle and surrounding skin are free of sculptured product and remain undamaged

Examiner – Verbal Instructions: Read to candidate individually after the sculptured nail has been examined:

"Please do nothing until further instructions are given."

20.11 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read to candidates when all examiners have indicated they have completed their assessment:

"All examiners have indicated they are ready to proceed."

SUGGESTED EXAMINATION SUPPLIES

Information related to labeling of supplies:

- ALL supplies must be labeled in English
- No other languages can be present unless an original manufacturer's label is present
- Original manufacturers' labels MUST have English and may be multi-language
- All other created labels must be only English

EXAMINATION UNIVERSAL/GENERAL SUPPLIES

- candidate supply kit to serve as dry storage area (must be closeable)
- hospital grade (level), EPA-registered disinfectant with manufacturer's label that demonstrates bactericidal, fungicidal and virucidal properties must be used (must be actual disinfectant)
- hand sanitizer and manufacturer's label (must be actual hand sanitizer)
- container labeled "items to be disinfected"
- container labeled "soiled linens"
- container labeled "trash"
- first aid kit
- paper towels

HAIR CARE – UNIVERSAL/GENERAL SUPPLIES

- mannequin head(s) and tri-pod (pre-markings or pre-sectioning on mannequins is not permitted)
- protective capes (child size capes may be used)
- neck strip(s)
- cloth towels
- hair clip(s) and/or clamp(s)
- comb(s)
- hair brush(es)
- spray bottle with water
- protective cream
- spatula(s)
- cotton
- gloves

THERMAL CURLING SUPPLIES

- thermal curling iron with cord unbound and/or unaltered
- material for testing temperature of iron

HAIRCUTTING SUPPLIES

- shears
- razor

CHEMICAL WAVING SUPPLIES

- chemical wave rods
- end papers
- simulated waving lotion (water)
-

PREDISPOSITION TEST AND STRAND TEST WITH COLORED SIMULATED PRODUCT SUPPLIES

- brush and bowl or bottle applicator
- hair color-colored simulated product
- skin cleanser

HIGHLIGHTENING WITH FOIL, VIRGIN APPLICATION WITH COLORED SIMULATED PRODUCT SUPPLIES

- brush and bowl or bottle applicator
- colored simulated product
- foils

HAIR COLOR RETOUCH WITH COLORED SIMULATED PRODUCT SUPPLIES

- brush and bowl or bottle applicator
- colored simulated product

VIRGIN HAIR RELAXER APPLICATION WITH COLORED SIMULATED PRODUCT SUPPLIES

- brush bowl or bottle applicator
- colored simulated product

BLOOD EXPOSURE PROCEDURE SUPPLIES

- additional bag for disposal of blood-contaminated materials

BASIC FACIAL SUPPLIES

- hair band or drape
- body drape
- bowl (if needed)
- sponges, gauze, cotton rounds
- wet steam towel(s)
- facial cleanser
- exfoliation product
- implement or material for exfoliation
- massage product
- astringent or toner

SCULPTURED NAIL SUPPLIES

- mannequin hand(s) with artificial nails attached (Must be entire hand; cannot have removable digits.)
- nail prep solution
- sculptured nail products – monomer, polymer, and primer
Monomer must be odorless and factory sealed in its original container with manufacturer's label.
Polymer and primer must be in its original container with manufacturer's label.
- sculptured nail brush
- dappen dishes
- nail form(s)

- file(s) and/or buffer(s)
- oil
- base coat
- top coat
- red polish
- polish remover